



Robin M. Gehrman, MD

MENISCUS REPAIR ADDENDUM FOR ACL RECONSTRUCTION

This patient has undergone a meniscus repair. We allow full weight bearing in full extension immediately post-operatively. We prohibit active and passive motion greater than 90 degrees for 4 full weeks. The patient must wear their brace at all times during ambulation. Between 4 and 6 weeks we allow non-weight bearing active flexion greater than 90. At 6 weeks we allow passive flexion greater than 90. The meniscus repair patients are restricted from running for 3-4 months from the date of surgery.

Any questions, please contact our office. Thank you.